



Connecting for Kids

October 2017 Programs

You're not alone

Connecting for Kids (CFK) provides education and support to families with concerns about their child. We serve all families, including those children with and without formal diagnoses.

Learn more at connectingforkids.org.

Free Programs

All Connecting for Kids programs are free and open to the public; however, registration is required.

Free, Supervised Children's Activities

Free, supervised children's activities are available on a first-come, first-served basis for all Connecting for Kids Speaker Series programs with separate child registration.

Acknowledgements

*All programs in **Lakewood** are supported by a grant from Community West Foundation.*

*All programs in **Middleburg Heights** are presented in partnership with Cuyahoga County Public Library.*

Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. For more information, visit connectingforkids.org/speakerseries.

Understanding Your Child's Challenging Behavior

Why can't your child just behave? The lens you use to view your child's behavior has vast implications for your reaction and the way you help your child. If you're frustrated because you've tried everything you can think of to prevent those dramatic meltdowns and it seems like nothing at all sets off those screaming, crying, dreadful tantrums, then this talk is for you. Join Katie Greenleaf, MA, LPCC, of Meghan Barlow and Associates, for a talk that will completely change the way you view your child's behaviors and guide you toward a better way to help.

Friday, October 6 at 11:00 a.m.

Middleburg Heights Branch of Cuyahoga County Public Library, 15600 Bagley Rd., Middleburg Heights

Is it Really Bullying?

Meghan Barlow, PhD., of Meghan Barlow and Associates, will help parents understand bullying, acts that may look like bullying but are not, and common types of peer conflict. Parents will be taught strategies for how they can help support their children as well as how to empower their children to handle conflicts at school.

Tuesday, October 17, 6:30 p.m.

Roosevelt Elementary School, 14237 Athens Ave., Lakewood

Elementary ExperiencesSM

For families and their children (ages 7-12 years) who are struggling in an area of development. Siblings (ages 7-12 years) may also attend. For more information, visit connectingforkids.org/elementary.

Yoga

Do you want to practice yoga and enjoy a relaxing afternoon with your child? Join Angela Siciliano of Adapted Fitness And Yoga Plus LLC as she teaches families adapted yoga and breathing techniques for all ability levels. Come dressed in comfortable clothes and be ready to try some yoga with your child.

Saturday, October 7; sessions begin at 1:00 p.m. and 2:30 p.m.

Lakewood Public Library, 15425 Detroit Ave., Lakewood

Register at connectingforkids.org/register

Email: info@connectingforkids.org | Phone: 440-250-5563